

No hassle cooking

Duxbury joins trend of make and take cooking without the hassle of shop and chop

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Looking for a fun fast and easy way to feed your family? Like to cook, but don't have the time to do the prep work? The new trend in cooking just hit Duxbury, making cooking simple, nutritious and delicious.

Yesterday, the newest craze in cooking, Entrée Vous, opened its doors in the Duxbury Business District. A concept developed in the West Coast by Le Cordon Bleu Cooking School trained chef Harriet Dupree Bradley in the summer of 2003, involves the buyer in the cooking, and Entrée Vous in the preparation.

Entrée Vous does all the preparation work for 14 entrees every month that are available on-line, or to create in the kitchen area, to make, take and bake, without having to shop, chop or season, Duxbury Entrée Vous owner Sue Turley said. All the entrees are made from scratch, and from fresh meats and produce.

Turley said she has wanted to own a business since she was 16. A 10-year resident of Duxbury she wanted to find something that met the needs of the community. Since people always have to eat, she said the service industry made sense to her. The concept of creating delicious meals for people to cook for their families in just 10 minutes per entrée met the busy lives of the community, and the family-style atmosphere provided the strong community connection in Duxbury she said.

"Because of the strong community and family connection, I wanted to put my dreams here," Turley said.

Turley began the process of opening Entrée Vous over a year ago, with the hopes of finding a space in Duxbury. She was moments away from signing a lease in Marshfield when she got the call about a vacant space in the Duxbury Business District. She said one of the best decisions she ever made was joining the local Business Network International in Kingston, where she was able to make connections and meet people who helped her find her location and employees through word of mouth.

person needs at the time.

One option is to go on-line and sign up for a session in advance to come into the kitchen and prepare a meal with the assistance of the staff. This option also allows people to tweak the ingredients, for taste, and allergy preferences she said.

Option two is to go on-line or call in an order to be pre-made by the staff and picked up at a later time. This option has the meal, as described on-line, ready for pickup, frozen, or refrigerated, to cook at home.

Option three, come into the kitchen as a walk-in and have the staff create a customized meal

with the ingredients prepared for that day. All entrees pre-ordered come in full-size orders, feeding between four to six. For smaller families, or a single person, walk in preparation allows for the assembly of a smaller half portion size of any of the entrees.

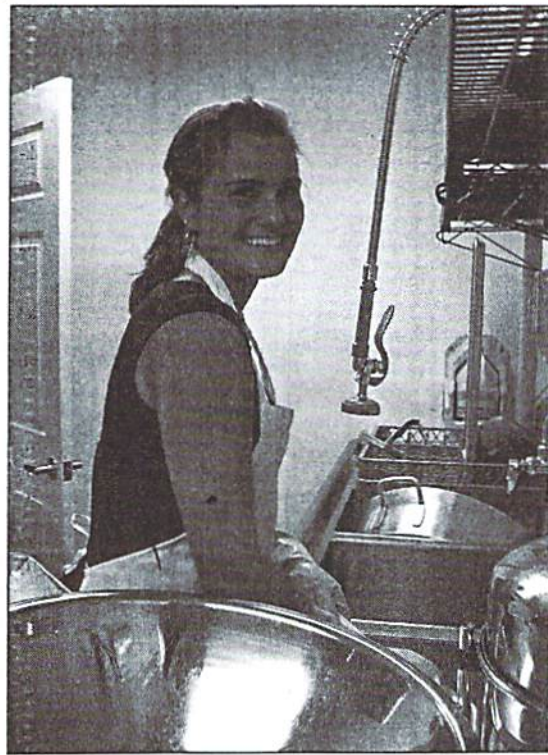
Entrée Vous also does cooking parties, for six or more people. The doors close for private parties, allowing guests to cook and socialize with friends. Guests are made to feel comfortable, as if in their own kitchen, and bring in their own snacks and music to entertain. This opportunity also creates a fun way to mix and match half entrees with friends.

Although Entrees Vous has just opened in Duxbury, Turley is already in the process of finding ways to adjust the business to accommodate the community. She hopes to start a delivery service, to bring delicious meals to family homes. She has holiday meals rolling out with the seasons, and coupons and gift certificates are available. Gift certificates come in denominations of \$25 or \$100, one meal or four meals, and through the holidays each gift certificate purchased comes with a free berry crumb dessert.

Full-size meals range from about \$23 to \$25, providing four

to six servings, at about \$4 per serving. Turley, who is also involved in the Duxbury Student Union Association, and the Music Promoters, is giving back to the community through fundraisers for Crossroads for Kids, as well Duxbury football.

Entrée Vous is open Wednesday through Friday from 9 a.m. to 7 p.m. and Saturdays from 10 a.m. to noon for pickup, they are closed Sunday and Monday, Tuesday is for in-house cooking and preparation. For more information, or place an order, visit www.entreevous.com, or call 781-934-2863.



Sara Nicolau washes the dishes at Entrée Vous after a long day of cooking.

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Owner of Entree Vous Sue Turley, stands with Holly Gerraughty, and general manager Deanna Nicolau as she and Michelle "kitchen diva" Glick show off some freshly baked chicken. Entree Vous opened Thursday Nov. 1 in the Duxbury business district,

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